



# REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS



## Webinar On "Sustainable Development & Environment"

### RESOURCE PERSON:



**Dr Indranil Ghosh**  
Associate Professor  
Netaji Subhash Engineering College



5<sup>th</sup> June, 2022  
9:30 AM onwards

**Organized By**

**NSS Cell in collaboration with BSH Department  
Regent Education & Research Foundation  
Group of Institutions**

Platform



**Google Meet Link: <https://meet.google.com/fep-jxwp-jyb>**

**E-Certificate will be provided on sending the Feedback Form**



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## REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS

### **Title of the Practice: World Environment Day Celebration**

World Environment Day, observed on 5th June, is the United Nations' primary platform for promoting awareness and action towards environmental protection. Since its inception in 1973, it has played a crucial role in raising awareness about various environmental issues such as marine pollution, overpopulation, global warming, sustainable development, and wildlife crime. World Environment Day serves as a global platform for public outreach, with participation from numerous countries annually. It provides an opportunity for businesses, non-governmental organizations, communities, governments, and celebrities to advocate for environmental causes and promote green practices.

### **Objectives of the practice:**

The objectives of the World Environment Day celebration by the NSS unit of RERFGOI in collaboration with the BSH department were as follows:

- Raise awareness about sustainable development and environmental conservation among students and volunteers.
- Provide a platform for knowledge sharing and learning from experts in the field.
- Promote the importance of environmental protection and the role of individuals and communities in preserving the environment.
- Encourage participants to take proactive actions towards creating a sustainable and eco-friendly future.
- Foster a sense of responsibility and commitment to environmental stewardship.

### **The Context**

World Environment Day serves as a significant global event aimed at generating awareness and action for environmental conservation. The celebration of this day provides an opportunity to highlight the importance of environmental sustainability and mobilize individuals and communities towards adopting environmentally friendly practices. The NSS unit of RERFGOI, in collaboration with the BSH department, organized a webinar on 'Sustainable Development and Environment' to mark this occasion.

### **The Practice:**

The NSS unit of RERFGOI, in collaboration with the BSH department, conducted a webinar on 'Sustainable Development and Environment' to commemorate World Environment Day. The webinar was held on 5th June at 9:30 a.m. and took place on the Google Meet platform. The event commenced with an inauguration by Mr. Subhankar Ghosh (Registrar, RERF) and Mr. Swadhin Chakrabarty (Programme Officer, NSS Unit, RERF). The key speaker for the webinar was Dr. Indranil Ghosh (Associate Professor, Netaji Subhas Engineering College), who delivered an enriching speech on sustainable development and environmental conservation.

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### Evidence of Success:

The webinar witnessed active participation from approximately 60 students and 10 NSS volunteers. The audience engaged in the session, gaining valuable insights into sustainable development and environmental issues. The keynote speech delivered by Dr. Indranil Ghosh proved to be highly informative and thought-provoking, stimulating discussions among the participants. The event successfully achieved its objective of raising awareness and promoting understanding about sustainable development and the importance of environmental conservation.

### Problems encountered :

During the organization of the webinar for World Environment Day, a few challenges were encountered, including:

- Technical difficulties or connectivity issues that may have affected the smooth conduct of the webinar.
- Ensuring effective coordination and communication with the participants before and during the event.
- Availability of suitable resources and materials for promoting sustainable development and environmental conservation.

### Resources Required:

To successfully organize the webinar on World Environment Day, the following resources were required:

- Access to a reliable internet connection and the necessary technological infrastructure to conduct the webinar.
- Collaboration and support from the BSH department and NSS unit of RERFGOI.
- Expertise and availability of Dr. Indranil Ghosh as the keynote speaker.
- Adequate promotional materials and resources to generate awareness and encourage participation.

### Conclusion:

The celebration of World Environment Day through the webinar on 'Sustainable Development and Environment' by the NSS unit of RERFGOI in collaboration with the BSH department proved to be a successful and impactful initiative. The event effectively raised awareness about sustainable development, environmental conservation, and the importance of individual and collective action. Despite the challenges faced, the program witnessed active participation, fostering a sense of responsibility towards environmental stewardship among the students and volunteers.

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Ministry of Youth Affairs and Sports  
अनार एन सी एस  
Government of India

**CERTIFICATE  
OF PARTICIPATION**  
THIS CERTIFICATE IS PROUDLY  
PRESENTED TO :

**Tanmoy Ghoshal**

**Webinar on "Sustainable Development & Environment" on 5th June, 2022**  
Organized By  
REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS,  
BARRACKPORE, KOL-121

*Swadhin Chakrabarty*  
Mr. Swadhin Chakrabarty  
CONVENER NSI COMMITTEE, RETFG

*S. Ghosh*  
Mr. Subhankar Ghosh  
REGENTIA, RETFG

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**Title of the Practice:** International Yoga Day

International Yoga Day is celebrated worldwide on 21st June every year to promote the importance of yoga in maintaining a healthy body and mind. Yoga is an ancient practice that originated in India and has gained global recognition for its numerous physical and mental benefits. The event aims to raise awareness about the transformative power of yoga and encourage people to incorporate it into their daily lives.

### Objectives of the practice:

The objectives of celebrating International Yoga Day are as follows:

- To spread awareness about the physical, mental, and spiritual benefits of practicing yoga.
- To encourage individuals to adopt a healthy lifestyle through the regular practice of yoga.
- To promote global peace, harmony, and unity through the practice of yoga.
- To emphasize the importance of maintaining overall well-being and inner peace.
- To highlight the contribution of yoga in achieving a balanced and sustainable development.

### The Context:

On 21st June 2022, International Yoga Day was celebrated online, bringing together 90 participants from various locations. The event aimed to provide a platform for individuals to engage in yoga practices and learn from esteemed yoga expert Tanumoy Das. Tanumoy Das is a highly accomplished yoga practitioner and has received prestigious awards like the Yoga Ratnamani Award and the Yoga Ratna Award. He has also achieved the title of All India Yoga Champion and serves as a yoga judge at the district and state levels. Tanumoy Das is associated with the Krishnagar Swami Vivekananda Yoga Centre and is affiliated with organizations such as the Nadia District Body Building & Yoga Culture Association, Sarbabharatiya Sangeet-o-Sanskriti Parishad, and the Indian Yoga Association.

### The Practice:

The online celebration of International Yoga Day provided participants with the opportunity to engage in various yoga practices led by Tanumoy Das. The session included a combination of asanas (physical postures), pranayama (breathing exercises), and meditation techniques. Tanumoy Das shared his expertise, guiding participants through the practices and emphasizing the correct alignment, breathing techniques, and mindfulness. The session aimed to create a serene and inclusive environment where individuals could experience the holistic benefits of yoga and deepen their understanding of its principles.

### Evidence of Success:

The success of the online International Yoga Day celebration can be measured through the active participation of 88 individuals from different locations. The positive feedback received from the participants

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reflects their satisfaction and the value they derived from the session. Participants expressed their gratitude for the opportunity to learn from Tanumoy Das and appreciated his expertise in guiding them through the yoga practices. The event successfully fulfilled its objective of promoting the benefits of yoga and inspiring individuals to incorporate it into their daily lives.

### **Problems encountered and resources required:**

Despite the online format, technical issues such as internet connectivity problems or audio/video disruptions could have been encountered during the event. However, proactive measures were taken to ensure smooth communication and minimize disruptions. Adequate resources such as a stable internet connection, audiovisual equipment, and a suitable platform for hosting the online session were required to facilitate the event's success.

### **Conclusion:**

The celebration of International Yoga Day on 21st June 2023 provided a platform for individuals to engage in yoga practices and learn from the expertise of Tanumoy Das, an acclaimed yoga practitioner. The online event witnessed active participation from 88 individuals, promoting the physical, mental, and spiritual benefits of yoga. The success of the event demonstrated the positive impact of yoga on overall well-being and highlighted the importance of incorporating it into our daily lives. International Yoga Day continues to inspire individuals worldwide to embrace the transformative power of yoga for a healthier and more balanced life.


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Ministry of Youth Affairs and Sports  
GOVT. OF INDIA  
Government of India

## CERTIFICATE OF PARTICIPATION

THIS CERTIFICATE IS PROUDLY  
PRESENTED TO :

**ANKHI GOLDER**

**Webinar on " International Yoga Day" on 21 st June, 2022**

Organized By

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BARRACKPORE, KOL-121

*Swadhin Chakrabarty*

**Mr. Swadhin chakrabarty**  
COORDINATOR, NSS COMMITTEE, RERF/GOI

*Subhankar Ghosh*

**Mr. Subhankar Ghosh**  
REGISTRAR, RERF/GOI

*Rajarshi Bandyopadhyay*

**Dr. Rajarshi bandyopadhaya**  
PRINCIPAL, RERF/GOI

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### **Title of the Practice: Digital Poster Making Event**

Digital posters serve as effective tools for communicating motives, ideas, products, and vision in various industries. They offer a visually appealing and dynamic medium to convey messages and engage audiences. The NSS Cell of RERFGOI organized a Digital Poster Making event on August 12, 2022, to encourage students to showcase their creativity and design skills through the medium of digital posters.

### **Objectives of the practice:**

The objectives of organizing the Digital Poster Making event were as follows:

- Provide a platform for students to express their ideas and creativity through digital design.
- Encourage participants to utilize visual communication techniques to convey messages effectively.
- Enhance the design skills and digital literacy of the students.
- Promote innovative thinking and problem-solving abilities through the creation of visually appealing posters.
- Facilitate the development of teamwork and collaboration among participants.

### **The Context:**

In today's digital age, visual communication has become increasingly important in capturing people's attention and conveying information effectively. Digital posters have emerged as a popular medium for advertising, promotion, and conveying messages in a visually engaging manner. The Digital Poster Making event aimed to provide students with an opportunity to explore this medium and showcase their artistic and design abilities.

### **The Practice:**

The Digital Poster Making event was organized by the NSS Cell of RERFGOI on August 12, 2022. The program commenced with an inauguration by Dr. Rajorshi Bandopadhyay (Principal, RERF) and Mr. Subhankar Ghosh (Registrar, RERF), setting the tone for the event and emphasizing the significance of visual communication in today's digital world. The participants were provided with the necessary tools and resources to create their digital posters.

### **Evidence of Success:**

The Digital Poster Making event witnessed the active participation of five enthusiastic students. The participants showcased their creativity and design skills by creating visually appealing digital posters. The event provided a platform for students to experiment with different design elements, such as color schemes, typography, and imagery, to effectively communicate their ideas and messages. The posters created by the participants served as evidence of their success in leveraging the medium of digital design to convey their motives and vision.

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### Problems encountered:

During the organization of the Digital Poster Making event, a few challenges were encountered, including:

- Ensuring access to appropriate digital design software and tools for all participants.
- Providing guidance and support to participants who were less familiar with digital design techniques.
- Managing time constraints and ensuring that participants could complete their posters within the allocated time frame.

### Resources Required:

To successfully organize the Digital Poster Making event, the following resources were required:

- Access to computers or laptops equipped with appropriate design software.
- Design tools and resources, such as graphic design software, image libraries, and fonts.
- Collaboration and support from the NSS Cell of RERFGOI.
- Promotional materials to generate awareness and encourage student participation.

### Conclusion:

The Digital Poster Making event organized by the NSS Cell of RERFGOI proved to be a successful initiative in promoting creativity, design skills, and visual communication among students. The active participation and the quality of the digital posters created by the participants reflected their enthusiasm and talent. The event effectively achieved its objectives of providing a platform for students to express their ideas, enhancing their design skills, and fostering teamwork and collaboration. The event served as an opportunity for students to explore the potential of digital design in conveying motives, ideas, and vision effectively.

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AZADI KA AMRIT MAHOTSAV- HAR GHAR TIRANGA



Submitted by:

Name: SUBRAJOY CHOWDHURY

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Department: ELECTRICAL AND ELECTRONICS ENGINEERING

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### Title of the Practice: "Har Ghar Tiranga" Campaign (Azadi ka Amrit Mahotsav)

"Har Ghar Tiranga" is a campaign initiated under the aegis of Azadi Ka Amrit Mahotsav to encourage individuals to bring the Tiranga (Indian National Flag) home and hoist it, marking the 75th year of India's independence. The campaign aims to foster a personal connection with the national flag and symbolize the collective commitment to nation-building. It intends to invoke patriotism and promote awareness about the significance of the Indian National Flag. The NSS Cell of RERFGOI organized this event on 15th August 2022, where flag hoisting was practiced, and approximately 50 students participated.

### Objectives of the practice:

The objectives of the "Har Ghar Tiranga" campaign are as follows:

- Encourage individuals to bring the Tiranga home and hoist it with pride.
- Establish a personal connection with the national flag and promote a sense of patriotism.
- Generate awareness about the history, significance, and protocol associated with the Indian National Flag.
- Instill a sense of responsibility and commitment to nation-building among the participants.
- Celebrate the 75th year of India's independence by involving citizens in a symbolic act of displaying the national flag at their homes.

### The Context:

The "Har Ghar Tiranga" campaign was launched as part of the nationwide celebration of Azadi ka Amrit Mahotsav, marking the 75th anniversary of India's independence. The Ministry of Youth Affairs & Sports initiated the event with the objective of inspiring Indians across the country to hoist or display the national flag at their workplaces and homes. The campaign aimed to invoke feelings of patriotism and foster a deeper connection with the Indian National Flag.

### The Practice:

The "Har Ghar Tiranga" event organized by the NSS Cell of RERFGOI on 15th August 2022 witnessed the participation of approximately 50 students. The program included flag hoisting, where participants had the opportunity to practice the correct protocols associated with hoisting the national flag. The event was inaugurated by Dr. Rajorshi Bandopadhyay (Principal, RERF) and Mr. Subhankar Ghosh (Registrar, RERF), who emphasized the importance of the campaign and its significance in strengthening the bond between citizens and the national flag.

### Evidence of Success:

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The success of the "Har Ghar Tiranga" campaign can be measured by the active participation of approximately 50 students in the event. The campaign effectively created awareness and instilled a sense of patriotism among the participants. The act of hoisting the national flag at their homes served as a symbol of personal connection and commitment to nation-building. The event received positive feedback from the participants, who expressed their gratitude for the opportunity to engage in such a meaningful activity.

### Problems encountered and resources required:

During the organization of the "Har Ghar Tiranga" event, logistical challenges such as arranging the flag hoisting ceremony and ensuring the availability of appropriate flags may have been encountered. However, the NSS Cell of RERFGOI proactively managed these challenges by procuring the necessary resources and coordinating the event effectively. Resources required for the event included the Indian National Flag, flagpoles, suitable locations for flag hoisting, and the presence of knowledgeable individuals to guide participants regarding flag protocols.

### Conclusion:

The "Har Ghar Tiranga" campaign organized by the NSS Cell of RERFGOI successfully engaged students in practicing flag hoisting and promoting a sense of patriotism among participants. The campaign's objective of fostering a personal connection with the Indian National Flag and invoking

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## Title of the Practice: Rashtriya Poshan Maah

Rashtriya Poshan Maah serves as a platform to emphasize the importance of nutrition and good health. It aims to convert the Jan Andolan (People's Movement) into Jan Bhagidari (People's Participation) to fulfill the Prime Minister's vision of a Suposhit Bharat (Healthy India). This report provides an overview of the Rashtriya Poshan Maah event organized by the NSS Cell of RERFGOI from 14th to 20th September 2022.

### Objectives of the practice:

The objectives of Rashtriya Poshan Maah are as follows:

- Create awareness about the significance of nutrition and good health among individuals and communities.
- Promote Jan Bhagidari (People's Participation) to address the issue of malnutrition and achieve the vision of a Suposhit Bharat (Healthy India).
- Encourage behavior change towards adopting healthy dietary practices and ensuring proper nutrition for all.
- Enhance collaboration among stakeholders, including government bodies, NGOs, educational institutions, and individuals, to address the nutrition challenge effectively.

### The Context:

The focus on nutrition and good health is crucial for the overall development of individuals and the nation. Rashtriya Poshan Maah serves as a dedicated month-long observance to bring attention to this important discourse. By engaging individuals and promoting Jan Bhagidari, the initiative aims to create a positive impact on the nutritional well-being of the population.

### The Practice:

The Rashtriya Poshan Maah event organized by the NSS Cell of RERFGOI spanned from 14th to 20th September 2022. The program included the following activities:

- Inauguration: The event commenced with an inauguration ceremony by Dr. Rajorshi Bandopadhyay (Principal, RERF) and Mr. Subhankar Ghosh (Registrar, RERF) to highlight the significance of nutrition and good health.
- Awareness Campaigns: Various awareness campaigns were conducted to disseminate information about the importance of nutrition, balanced diets, and healthy lifestyle practices.
- Workshops and Training Sessions: Workshops and training sessions were organized to educate participants about proper nutrition, food groups, meal planning, and sustainable agricultural practices.
- Exhibitions and Demonstrations: Exhibitions and demonstrations showcased healthy food

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alternatives, innovative recipes, and ways to ensure adequate nutrition for different age groups.

- **Interactive Sessions:** Interactive sessions allowed participants to engage in discussions, share experiences, and learn from experts in the field of nutrition and public health.
- **Community Engagement:** Outreach programs were conducted to involve the local community and promote the importance of nutrition and good health at the grassroots level.

### Evidence of Success:

The Rashtriya Poshan Maah event witnessed the enthusiastic participation of around 16 students who actively engaged in awareness campaigns, workshops, and training sessions. The event's success can be measured by the increased awareness and knowledge about nutrition among the participants and the positive impact it had on their dietary practices and lifestyle choices.

### Problems encountered:

During the organization of Rashtriya Poshan Maah, a few challenges were encountered, including:

- **Mobilizing Resources:** Arranging necessary resources such as venues, equipment, promotional materials, and expert speakers for the various activities.
- **Participant Engagement:** Ensuring active participation and sustained engagement of participants throughout the duration of the event.
- **Coordinating Stakeholders:** Collaborating with government bodies, NGOs, and other stakeholders to ensure a comprehensive and cohesive approach towards addressing the nutrition challenge.

### Resources Required:

The successful organization of Rashtriya Poshan Maah required the following resources:

- Venues and facilities for conducting workshops, training sessions, and interactive sessions.
- Audiovisual equipment for presentations and demonstrations.
- Promotional materials such as banners, posters, brochures, and pamphlets to raise awareness.
- Expert speakers and trainers in the field of nutrition and public health.
- Collaboration and support from government bodies, NGOs, and educational institutions.

### Conclusion:

The Rashtriya Poshan Maah event organized by the NSS Cell of RERFGOI effectively highlighted the importance of nutrition and good health. By fostering Jan Bhagidari and promoting awareness and behavior

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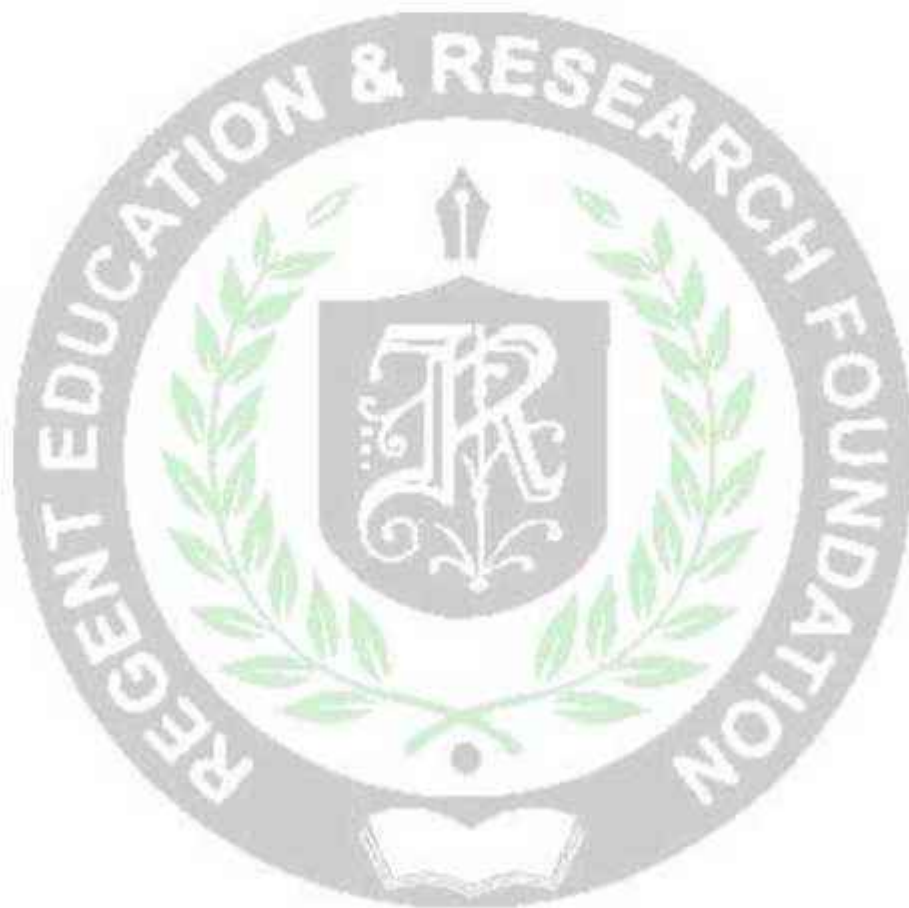
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change, the event contributed towards the vision of a Suposhit Bharat. The active participation of students and the engagement of various stakeholders signify the collective effort required to address the nutrition challenge and build a healthier and stronger nation.




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## REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS

### **Title of the Practice: NSS Day Celebration**

The National Service Scheme (NSS) is an initiative organized by the Ministry of Youth Affairs and Sports with the aim of fostering personality development among the youth of the country. NSS Day is celebrated every year on 24th September to commemorate the establishment of the NSS. It serves as a platform to promote volunteerism, community service, and social awareness among the youth. This year, the NSS Cell of RERFGOI organized a webinar to celebrate NSS Day on September 24, 2022.

### **Objectives of the practice:**

The objectives of organizing the NSS Day Celebration were as follows:

- To raise awareness about the importance of community service and volunteerism among the youth.
- To recognize and appreciate the contributions of NSS volunteers towards nation-building.
- To inspire and motivate students to actively participate in social service activities.
- To provide a platform for sharing experiences, ideas, and success stories related to NSS activities.
- To strengthen the sense of responsibility, leadership, and empathy among the participants.

### **The Context:**

The NSS plays a vital role in engaging youth in social development activities, instilling values of selflessness, and fostering a sense of social responsibility. NSS Day serves as an occasion to highlight the achievements and contributions of NSS volunteers and to encourage more youth to actively participate in community service. The webinar organized by the NSS Cell of RERFGOI aimed to create an engaging and informative platform for celebrating NSS Day.

### **The Practice:**

The NSS Day Celebration was organized by the NSS Cell of RERFGOI through a webinar on September 24, 2022. The program commenced at 11 a.m. and was hosted by Ms. Amrita Chakraborty. The event began with an inauguration by Dr. Rajorshi Bandopadhyay (Principal, RERF) and Mr. Subhankar Ghosh (Registrar, RERF), who emphasized the significance of NSS and the role it plays in shaping the character and values of the youth.

Various activities were conducted during the webinar, including:

- Speech by a distinguished speaker highlighting the importance of NSS and the impact of community service.
- Presentation on successful NSS project and initiatives undertaken by the participants.
- Interactive sessions and discussions on social issues, volunteerism, and youth empowerment.
- Testimonials and experiences shared by NSS volunteers, showcasing the impact of their service on communities and personal growth.

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### Evidence of Success:

The NSS Day Celebration witnessed the active participation of around 90 enthusiastic students. The engagement and enthusiasm of the participants throughout the webinar demonstrated their commitment to community service and their dedication towards the NSS values. The presentations and testimonials shared by the participants served as evidence of the success of NSS activities in promoting social awareness, empathy, and personal development among the youth.

### Problems encountered:

During the organization of the NSS Day Celebration webinar, a few challenges were encountered, including:

- Ensuring smooth coordination and technical support for the participants to join and participate in the webinar.
- Managing time effectively to cover all planned activities within the allocated timeframe.
- Encouraging active participation and engagement from all participants in the virtual setting.

### Resources Required:

To successfully organize the NSS Day Celebration webinar, the following resources were required:

- Access to a reliable webinar platform or video conferencing tool.
- Technical equipment such as computers, webcams, and microphones to facilitate the virtual event.
- Support from the NSS Cell of RERFGOI in terms of coordination, planning, and logistics.
- Promotional materials and invitations to encourage student participation.

### Conclusion:

The NSS Day Celebration organized by the NSS Cell of RERFGOI through the webinar proved to be a successful event in promoting the values of community service, volunteerism, and social awareness among the youth. The active participation of students, along with the informative sessions and presentations, highlighted the impact of NSS activities in fostering personal development and social responsibility. The event served as an inspiration for students to actively engage in community service and contribute towards nation-building. The NSS Day Celebration webinar reinforced the significance of the NSS and its role in shaping the character and values of the youth.


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National Service Scheme

युवा सर्वेक्षण और सेवा संस्कार

Ministry of Youth Affairs and Sports

भारत सरकार

Government of India

## CERTIFICATE OF PARTICIPATION

### IN NSS DAY CELEBRATION

FOR PARTICIPATION IN WEBINAR ON NSS DAY CELEBRATION ON 24/09/2022

Organized By

REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS,  
BARRACKPORE, KOL-121

*Swadhin Chakrabarty*

Mr. Swadhin Chakrabarty

CONVENER, NSS COMMITTEE, REEFOD

*Subhankar Ghosh*

Mr. Subhankar Ghosh

REGENTIAN, BARRACK

*Rajarsi Bandyopadhyaya*

Dr. Rajarsi Bandyopadhyaya

PRINCIPAL, REEFOD

*[Signature]*



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Ministry of Youth Affairs and Sports  
भारत सरकार  
Government of India



**TREE PLANTATION AND  
CLEAN INDIA CELEBRATION  
22nd MARCH, 2023  
(11.00AM)**

**Organized By**

**REGENT EDUCATION & RESEARCH FOUNDATION  
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**Title of the Practice:** Tree Plantation Celebration

### Objectives of the practice:

When you plant a tree, you don't just plant a sapling but hope. We have learned it the hard way that trees are extremely important for our survival. We first resorted to deforestation and made space for more buildings on earth. Later, when we saw the environment getting seriously affected, we were introduced to something called "afforestation", a simple process of planting more trees for a better future

### The Context

Thus, we have our global Tree Plantation Day which is celebrated on 21st March all over the world. The aim behind observing the said day is to make people aware of the importance of planting trees and help them realize the same. A common practice during tree plantation day is to plant saplings in order to invest in the future

### The Practice:

"Cleanliness is next to Godliness." To contribute in swachh bhara abhiyan activity & undertake cleanliness drive. It is everybody's responsibility and one should keep themselves and their surroundings clean and hygienic. It also brings good and positive thoughts in the mind which slows down the occurrence of diseases. It is the mantra of Mahatma Gandhiji, Father of Nation. He demonstrated, propagated and insisted for individual and community cleanliness throughout his life. Following his footprints, Swachh bhara Mission campaign achieved encouraging results. This vision will be translated into action by bringing in community participation for clean toilets and integrated waste management to make our place open defecation free, zero waste, dust free, plastic free and green. This year, NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023. Students have encouraged community people to join in Swachhta activity. They have participated in shramdan activity and shown their willingness and interest to keep surrounding clean.

### Evidence of Success:

The Swachh Bharat Abhiyan is the most significant cleanliness campaign by the Government of India. Its responsibility of the entire citizens to keep their surrounding clean community people were encouraged to maintain their surrounding clean. Thus the students of our college have initiated one steps towards- cleanliness". Around 50 students participated in this event. NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023. Students have encouraged community people to join in Swachhta Activity. They have participated in shramdan activity and shown their willingness and interest to keep surrounding clean.

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### Problems encountered and resources required:

- A major hurdle in the way is the scarcity of water. Public toilets in metropolitan cities have been reported to have no water supply at all.
- Non-availability of water in many parts of rural India makes people avoid a household or a public toilet and opt for open defecation instead.

### Problems encountered:

1. Dust and dirt. Various kinds of trash. In places as huge as stadiums and airports, it's a must to have rubbish bins in every corner.
2. Toilets.
3. Thousands of seats.
4. Floors.

### Resources required:

Swachh Bharat Abhiyan is a five year long cleanliness campaign launched by the Government of India on 2<sup>nd</sup> October 2014. The campaign was aimed for making the streets, roads and offices clean from filth and garbage. One of the main objectives of the drive is to make India Open Defecation Free (ODF). The campaign also targets raising public awareness about cleanliness through rigorous media campaigns and to institute door to door garbage collection in rural/urban household and ensuring its safe disposal

Make the most of the day by working on things that don't get done often, like cleaning the chairs in the auditorium or dusting the tops of lockers. If you like, you could ask for permission to plant some flowers around campus, like in a flower bed near the school's entrance.

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**CERTIFICATE OF PARTICIPATION  
TREE PLANTATION AND CLEAN INDIA CELEBRATION**

Organized By  
**NATIONAL SERVICE SCHEME (NSS)**  
Regent Education & Research Foundation Group of Institution, Barrackpore, Kol-121  
ON 22nd March, 2023

**This is to certify that**

PARTICIPATED IN TREE PLANTATION AND CLEAN INDIA CELEBRATION IN RERFGOI UNDER  
NSS CELL, RERF 22.03.2023

**MR. PRABAL KUMAR BASAK**  
CONVENER, IIC, RERFGI

**DR. RAJARSHI BANDYOPADHAYA**  
PRINCIPAL, RERFGI

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22nd MARCH, 2023  
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## REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS

**Title of the Practice: CLEAN INDIA**

### Objectives of the practice:

A clean India would be the best tribute India could pay to Mahatma Gandhi on his 150 birth anniversary in 2019," said Shri Narendra Modi as he launched the Swachh Bharat Mission at Rajpath in New Delhi. On 2nd October 2014, Swachh Bharat Mission was launched throughout length and breadth of the country as a national movement. The campaign aims to achieve the vision of a 'Clean India' by 2nd October 2019.

### The Context

A clean India would be the best tribute India could pay to Mahatma Gandhi on his 150 birth anniversary in 2019," said Shri Narendra Modi as he launched the Swachh Bharat Mission at Rajpath in New Delhi. On 2nd October 2014, Swachh Bharat Mission was launched throughout length and breadth of the country as a national movement. The campaign aims to achieve the vision of a 'Clean India' by 2nd October 2019. This year, NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023. Around 50 students participated in this event.

### The Practice:

"Cleanliness is next to Godliness." To contribute in swachh bharat abhiyan activity & undertake cleanliness drive. It is everybody's responsibility and one should keep themselves and their surroundings clean and hygienic. It also brings good and positive thoughts in the mind which slows down the occurrence of diseases. It is the mantra of Mahatma Gandhiji, Father of Nation. He demonstrated, propagated and insisted for individual and community cleanliness throughout his life. Following his footprints, Swachh Bharat Mission campaign achieved encouraging results. This vision will be translated into action by bringing in community participation for clean toilets and integrated waste management to make our place open defecation free, zero waste, dust free, plastic free and green. This year, NSS Cell of RERFGOI in association with IQAC cell of RERF organized this event on 22nd March, 2023. Students have encouraged community people to join in Swachhta activity. They have participated in shramdan activity and shown their willingness and interest to keep surrounding clean.

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### Problems encountered and resources required:

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- Non-availability of water in many parts of rural India makes people avoid a household or a public toilet and opt for open defecation instead.

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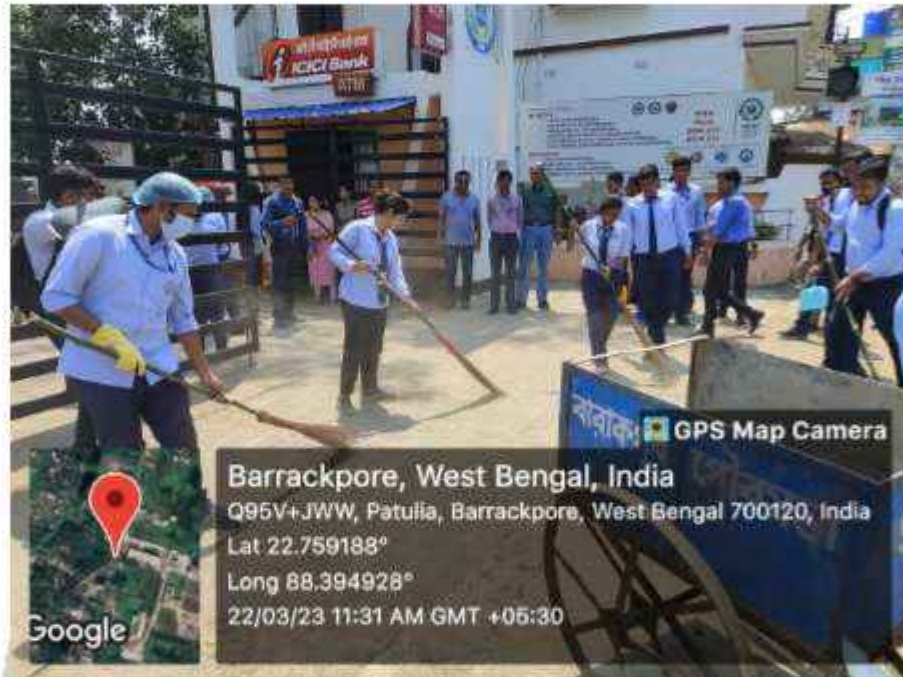
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# REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS



राष्ट्रीय सेवा योजना  
National Service Scheme  
युवा कार्यक्रम और खेल मंत्रालय  
Ministry of Youth Affairs and Sports  
भारत सरकार  
Government of India



**BLOOD DONATION CAMP  
ON  
24/03/2023(10.00AM)**

**Organized By**

**REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS,  
BARRACKPORE, KOL-121**

**Mr. PRABAL KUMAR BASAK**  
EE DEPARTMENT  
CONVENER, NSS COMMITTEE,  
RERFOOI

Last Date of Registration; 23.03.2023  
E-Certificate will provide by Email

**CLICK HERE  
TO REGISTER**

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### Title of the Practice: Blood Donation Camp

It is rightly said that "To Donate Blood is to donate life". Donating blood is indeed the noblest donation a person can make. With rising population in India, blood banks are also facing scarcity. A Blood Donation Camp is such a place where both the interest of Blood bank and a donor can be catered. Objectives of the practice: The main objective of organizing blood donation camp was to make students aware about blood donation. Blood donation is a great donation. Any student can save someone's life by donating blood. Many patients die due to lack of blood, if we along with students make the society aware of blood donation, then patients will not die due to lack of blood.

### The Context:

There is a saying that the most important donation of all donations is blood donation. By donating blood, we can become the support of many needy people, we can save their lives. On 23rd March, 2023 Blood Donation Camp, was organized by RERF, NSS cell, in association with IQAC cell RERF. The camp took place in the courtyard of RERF. RERF had invited one doctor (Dr. A.K Das) and his team from B.N Bose Hospital, Barrackpore for this event. The event started around 10:30 a.m. in the morning. Apart from students, faculty and staff members also participated in this event. To watch over the entire process and to collect the blood, a team of one doctor and staffs were put in charge. The college had also arranged for a resting place for anyone who felt dizzy or sick after donating blood. Volunteers had come to help the organizer for the blood donation camp. A large number of students donated blood happily. The donors showed positive effects like a sense of satisfaction after the donation. It was an effort to motivate students to come forward and donate for this noble cause. And so many people will get life because of this camp.

### The Practice:

Due to the enthusiasm of the students, many students donated blood in a few hours. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives of many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it. On 23rd March, 2023 Blood Donation Camp, was organized by RERF, NSS cell, in association with IQAC cell RERF. The camp took place in the courtyard of RERF. RERF had invited one doctor (Dr. A.K Das) and his team from B.N Bose Hospital, Barrackpore for this event. The event started around 10:30 a.m. in the morning. Apart from students, faculty and staff members also participated in this event. To watch over the entire process and to collect the blood, a team of one doctor and staffs were put in charge. The college had also arranged for a resting place for anyone who felt dizzy or sick after donating blood. Volunteers had come to help the organizer for the blood donation camp. A large number of students donated blood happily. The donors showed positive effects like a sense of satisfaction after the donation.

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### Evidence of Success:

After successfully donating blood, the donors were provided with certificate of appreciation as well as Donor Card, which is valid for 1 year from the date of donation. Volunteers had come to help the organizer for the blood donation camp. After the completion of the blood donation, the program officer of NSS Unit thanked and appreciated everyone present in the camp. The day ended with heartfelt vote of thanks from the program officer of NSS Cell of RERF.

### Problems encountered and resources required:

Problems encountered during blood donation due to component shortage, donor/ staff safety, consumable supply/ logistics etc. The side effects of donating blood include nausea and dizziness and fainting in some cases.

#### Minimum Requirements for Blood Donation Camp:

- The premises should not be less than 20 X 30 feet.
- Adequate air and ventilation in the camp premises.
- The area should have been cleaned with disinfectant.
- Minimum of one plug point for the use of Blood Bank equipment.
- Drinking water facility.

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**CERTIFICATE OF PARTICIPATION**



**BLOOD DONATION CAMP**

Organized By

**NATIONAL SERVICE SCHEME (NSS)**

**Regent Education & Research Foundation Group of Institution, Barrackpore, Kol-121**

**ON 24th March, 2023**

**This is to certify that**

**PARTICIPATED IN BLOOD DONATION CAMP IN RERFGOI UNDER NSS CELL, RERF 24.03.2023**

**MR. PRABAL KUMAR BASAK**  
CONVENER, IIC, RERFGI

**DR. RAJARSHI BANDYOPADHAYA**  
PRINCIPAL, RERFGI

Principal  
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# REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS

## Report of One day workshop on “Communication Skills: A Way Ahead for the Police Force”

**Date:** 18th February 2023

**Venue:** Regent Education and Research Foundation

**Introduction:** Regent Education and Research Foundation, in collaboration with Barrackpore City Police, hosted a special program on 18th February 2023, focusing on enhancing the communication skills of the police force. The event underscored the importance of effective communication in law enforcement and aimed to provide actionable techniques to improve interactions within the police force as well as with the general public.

**Objective:** The main objective of this event was to empower the police personnel with refined communication skills, thus enabling them to perform their duties with increased confidence, empathy, and effectiveness.

**Program Details:** The program was meticulously mentored by Ms. Anamika Basu from the BSH Department of Regent Education and Research Foundation. Her insights and expertise in communication brought a nuanced perspective to the discussions.

**The agenda included:**

**Understanding Communication Barriers:** An exploration of common challenges and barriers in effective communication within law enforcement.

**Communication Techniques:** A hands-on session on practical communication techniques tailored to the needs of police personnel.

**Role-Playing and Simulations:** Participants engaged in various scenarios that allowed them to practice newly learned skills in a controlled environment.

**Interactive Q&A Session:** An opportunity for participants to ask questions and share personal experiences.

**Outcomes:** The program saw active participation from various ranks within the police force, creating an interactive and enriching learning experience. The participants left with practical tools and strategies to enhance their communication capabilities.

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The program, under the efficient mentorship of Ms. Anamika Basu, managed to reach various police personnel, including top-ranking officers. The structure and content were tailored in such a way that every participant, regardless of their rank, found value and relevance in the sessions.

**1. Impact on Participants:** Trainee police personnel and experienced officers alike were actively engaged in the workshop. They provided feedback, highlighting the tangible benefits they derived from the sessions. Many expressed newfound confidence in their ability to communicate effectively with both colleagues and the public.

**2. Appreciation and Acknowledgments:** At the conclusion of the program, high-ranking officials from the police force expressed their gratitude to both Regent Education and Research Foundation and Ms. Anamika Basu.

They acknowledged the critical importance of such a workshop and the quality of instruction provided, thanking Ms. Basu for her tailored guidance and the institute for hosting this meaningful event.

**3. Long-term Prospects:** The participants left with not just theoretical knowledge but practical tools and strategies to enhance their communication capabilities.

They recognized the role of effective communication in building trust within the community and expressed eagerness to apply what they learned in their daily duties.

**4. Community Impact:** The success of this program has the potential to ripple through the community.

Improved communication within the police force can lead to more empathetic and efficient law enforcement, strengthening the bond between the police and the citizens they serve.

In summary, "Communication Skills: A Way Ahead for the Police Force" succeeded in fulfilling its objectives, as evidenced by the positive feedback from the participants and the heartfelt appreciation from top-ranking officials. It marked a significant step towards professional development within the Barrackpore City Police and established a precedent for continued collaboration and growth.



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**Recognition and Support:** The event received accolades from both the organizers and attendees. It symbolized a crucial step in fostering collaboration between educational institutions and law enforcement agencies, demonstrating a shared commitment to professional development and community welfare.

**Conclusion:** "Communication Skills: A Way Ahead for the Police Force" served as a vital platform for bridging gaps and building capacities within the Barrackpore City Police. The success of the program lies in the blend of theoretical understanding and practical application, all under the expert guidance of Ms. Anamika Basu. This initiative not only enriches the individual capacities of police personnel but also positively impacts the broader community interaction. The collaboration between Regent Education and Research Foundation and Barrackpore City Police sets a precedent for future initiatives aimed at enhancing the skills and efficiency of our law enforcement professionals.

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## Recognition for Extension Activity for Samajik Uttoran Program

The extension activity of the Institute's NSS Cell in collaboration with Career and Courses, named *Samajik Uttoran Program* is a beacon of hope for countless aspirants aiming to climb the ladder of success. Since 2019, this program has shown remarkable growth, standing as a testimony to the unbreakable spirit and relentless pursuit of excellence in education. This report aims to shed light on the myriad activities, triumphs, innovations, and community engagements undertaken by the institute in these years. The motto 'Yes, You Can' resonates through every page, echoing the institutes *Samajik Uttoran Program* belief in the latent potential within every student. With a vision to be a sought-after destination in education. This program touched lives across West Bengal, transcending barriers of financial constraints.

### **The Program and its Outreach**

With a vision to empower and educate, this program started in 2018. The journey began with laying down the foundation, defining goals, and aligning with the mission: "Yes, You Can."

A strategic partnership was formed with the West Bengal Police in Barrackpore to spread awareness about various educational opportunities and career paths. A meticulous process was initiated to design tailor-made courses catering to various competitive exams, including Joint Entrance Examination, National Eligibility cum Entrance Test, West Bengal Civil Service, and others. The *Samajik Uttoran Program* offered free coaching classes to meritorious students from the local area, providing them with quality education regardless of their financial background. Extensive outreach to the local communities was carried out, spreading the word about the program's initiatives and offering insights into potential educational and career prospects.

In 2019, commencement of free coaching classes for vital competitive examinations like JEE, NEET, and SSC outside the district. The efforts were met with a remarkable response from students, with many meritorious pupils joining the coaching classes. Their enthusiasm was not just a validation of this program's initiatives but also an inspiration for continuous development.

Despite the challenges posed by the COVID-19 pandemic, the program remained steadfast in its commitment to education. Its ability to adapt and innovate during this unprecedented time was a hallmark of resilience and vision. Embracing the 'Learn from Home' concept, this outreach program expedited the transition to advanced digital classrooms. This innovative shift ensured uninterrupted learning for students, even in the face of physical restrictions.

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Our efforts were formally recognized by the West Bengal Government, a significant endorsement that underscored its contribution to education in the region. The number of students increased substantially, reflecting the growing trust and reputation of CNC in delivering quality education to aspiring individuals. Innovations like the introduction of score boosters and online test series have further enriched the CNC learning experience. These offerings allowed students to practice online examinations and get accustomed to OMR sheet marking, simulating real exam scenarios.

**Media Coverage:** Reputable newspapers and media outlets like Sukhobor, Sanmarga, Bartamaan, local newspapers, and Ananda Bazar Patrika highlighted CNC's initiatives, especially the free coaching centers. This media attention further amplified CNC's presence and impact.

The program further continued with the extension of branches to various locations, including Domjur, Shibpur, Siliguri, Hooghly, Kolkata, Bankura, Birbhum, Cooch Behar, and Katwa. These new branches symbolized the Institute's commitment to reaching even more students across the state.



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## Notable Achievements and Recognitions

In a journey marked by steadfast dedication and relentless pursuit of excellence, the program's achievements have been many and varied. With collaborations extending to esteemed entities such as West Bengal Police in Barrackpore and Ramakrishna Mission Ashrama, the Samajik Uttoron Program has carved a niche in providing quality education to all. Recognised by the West Bengal Government, and endorsed by reputable media houses like Sukhobor, Sanmarga, Bartamaan, Ananda Bajar Patrika, and local newspapers, CNC has earned a name for itself. Its free coaching centres, digital classroom advancements, and innovative practices such as score boosters and online test series have only further solidified its reputation.

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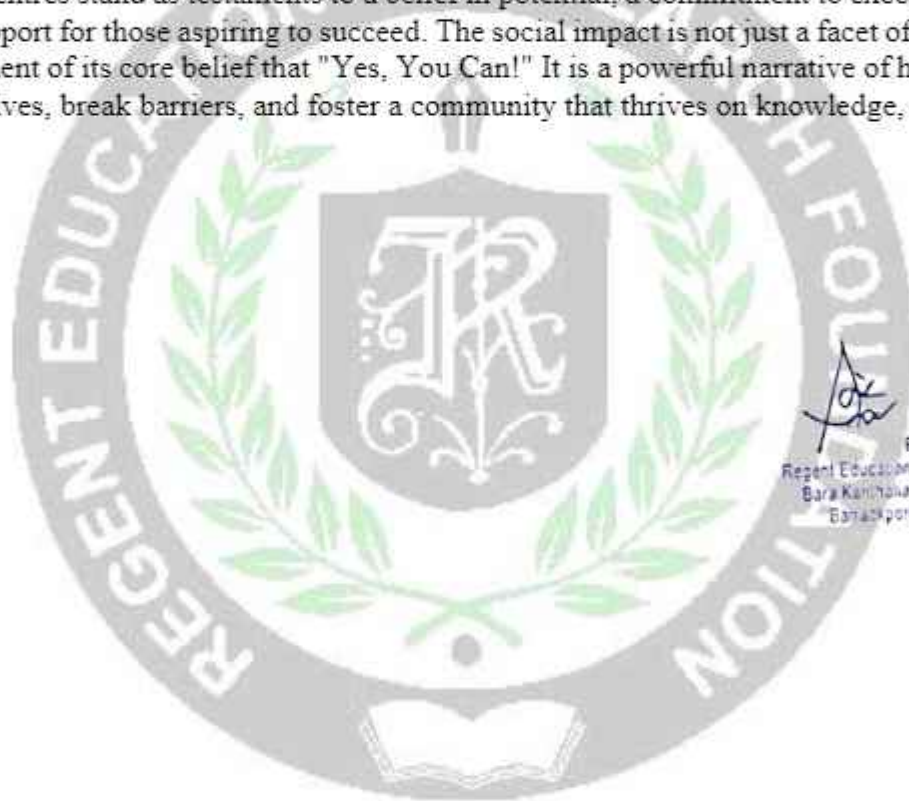
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## Social Impact and Community Engagement

The Institute's endeavours has gone far beyond the realm of academics, reaching into the very heart of society. By providing free education and coaching classes to meritorious students, especially those faced with financial barriers, the Samajik Uttoron Program has played a crucial role in nurturing dreams and shaping futures. Collaborations with local entities like West Bengal Police and Ramakrishna Mission Ashrama have amplified this impact, bringing quality education to every nook and corner. Whether it's during the pandemic with advanced digital classrooms or through continuous expansions to various regions, the influence of the program is felt deeply within the community. The free coaching centres stand as testaments to a belief in potential, a commitment to excellence, and an unwavering support for those aspiring to succeed. The social impact is not just a facet of its operation; it's an embodiment of its core belief that "Yes, You Can!" It is a powerful narrative of how education can transform lives, break barriers, and foster a community that thrives on knowledge, empathy, and ambition.



  
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# REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS

## Report of “Oneday Workshop on Computer Literacy and Cyber Security for Police Force”

**Date:** 16.09.2020 -19.09.2020

**Time:** 11:00 am – 04:00 pm

**Venue:** Seminar Hall, Regent Education and Research Foundation

### **Introduction**

Regent Education and Research Foundation, in collaboration with Barrackpore City Police, organized a one-day workshop on Computer Literacy and Cyber Security for the Police Force. This initiative aimed at enhancing the technical knowledge and cyber skills of our police force, ranging from high-rank officers to the lower-rank constables.

### **Inaugural Session**

The event was inaugurated by the Hon'ble Commissioner of Barrackpore City Police and the Head of the Department of Computer Science at Regent Education and Research Foundation. They both stressed the importance of computer literacy and cyber security awareness in today's digitally connected world.

### **Workshop Details**

#### **Session 1: Computer Literacy**

- This session covered the fundamental aspects of computer operations, software utilization, internet navigation, and basic troubleshooting. It was designed to equip the police force with essential computer skills needed for daily tasks.

#### **Session 2: Cyber Security Awareness**

- This session focused on the critical aspects of cyber security, such as safeguarding sensitive information, recognizing cyber threats, and implementing preventive measures. It also provided hands-on training on using secure communication tools.

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# REGENT EDUCATION & RESEARCH FOUNDATION GROUP OF INSTITUTIONS



## Participant Engagement

The workshop saw enthusiastic participation from officers of various ranks. Interactive sessions and practical demonstrations allowed the attendees to gain valuable insights into the subject. There was a dedicated Q&A session wherein participants could clarify their doubts.

## Feedback and Future Directions

Feedback from the participants was overwhelmingly positive, emphasizing the relevance and effectiveness of the training. Plans were discussed for ongoing collaboration and regular workshops to ensure that the police force stays updated with the latest technological advancements.

## Conclusion and Acknowledgments

The workshop concluded with a vote of thanks delivered by a representative from Regent Education and Research Foundation. Appreciation was expressed for the collaborative efforts between the institution and the Barrackpore City Police. Special thanks were given to the esteemed speakers, the organizing committee, and all the participants for making the workshop a grand success.

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